

DON'T LET DIABETES DAMAGE YOUR FEET

Diabetics are at increased risk of foot damage, due to reduced blood supply and sensation in the feet. In addition, diabetics who have calf tightness are at increased risk of developing foot ulcers and arthritis. If left untreated, these problems can lead to foot amputation. Both ulcers and arthritis can be prevented by improving flexibility of the calf muscles.

Current methods of calf stretching are not effective and carry the additional risk of potentially worsening foot problems. Surgical treatment is another option, but there are risks associated with it.

ArchSafeTM method utilizes the <u>Foot Locking</u>TM <u>principle</u>, and is a <u>safe and effective nonsurgical treatment option</u>. It promotes effective stretching of the calf muscles without increasing foot damage.

SAVE YOUR FEET

This material is not intended to provide medical advice, diagnosis or treatment. The products, information, and other content provided on and through this material, are provided for informational purposes only. Please consult with your physician or other healthcare professional regarding any medical or health-related diagnosis or treatment options, or before starting any diet or exercise program.

For more information: Tel: 630-323-7440 info@G2healthcare us

www.G2healthcare.us/archsafe